



Juliette Connections



Hello fantastic Juliettes,

As the weather warms up, we look forward to a fun Summer at camp and exciting programs with outdoor activities for our Girl Scouts. Summer is a great time for Juliettes to explore new outdoor spaces or work towards some of our high adventure badges, like Climbing Adventure or Archery. Keep reading for more exciting updates about Juliettes and Girl Scouts.

Steffi Lietzke

Warmly,

Steffi Lietzke

slietzke@gsutah.org

801-716-5148 (office)

385-214-8935 (cell)



Recap: Juliette Cookies 2024

What a fantastic year with the cookie program! We had over 60 cookie sellers throughout the Wasatch Front, and Juliettes hosted 12 cookie booths. Our Juliettes sold over 24,000 boxes of cookies, an average of over 350 packages per Girl Scout! What an amazing cookie season! We also want to give a special shout out to the volunteers who led cookie booths and all the caregivers who helped their Juliettes with their cookie business. We could not have done it without your support!

Keep an eye on this newsletter in the fall for information about next year's cookie training and program!



Summer End of Year Celebration – July 18

Join us for our End of Year Celebration! We will be gathering at North Park in Spanish Fork on July 18 at 6:00 p.m. for our annual End of Year Celebration. This year's theme will be "Field Day". We will meet in the pavilion, play some games, and enjoy cake. We will be having a potluck as well, and we'd love to have families bring a dish to share. There will also be time to enjoy the rest of the park, including a splash pad. You won't want to miss this fun-filled evening with your Juliette friends!

Please [RSVP](#) before July 10.

Resilient.

Ready.

Strong.



Boost your mental wellness
with these fun activities.



May is Mental Health Awareness Month

Girl Scouts has a variety of mental wellness resources, from patch programs to trainings for adults. Navigating today's complex world can be tough, especially for girls and teenagers. Girl Scouts of the USA and our trusted partners have joined forces to make it a little easier. These new activities give Girl Scouts and their families, caregivers, and volunteers the essential tools to support emotional intelligence, mental health and wellness, and to proactively practice self-care.

ACTION: Explore the [Girl Scout Mental Wellness badges](#), and our [GSUSA resources for Mental Health First Aid!](#)



Awesome Activity: Asian American Pacific Islander Patch Program

This month, our awesome activity comes from the AAPI Heritage patch program. In the Art section, activity three is to find five books that are written by Asian American or Pacific Islander authors and read one of them. Check out [this book list](#) to get started!

ACTION: Download the full [patch curriculum!](#)



Girl Scout Night at Hogle Zoo – June 5

Every June, Girl Scouts have an exclusive evening at Hogle Zoo! This year's event is June 5 and is sure to be tons of fun! The whole family is invited for the evening, which includes presentations, animal meet and greets, and fun activities just for Girl Scouts.

ACTION: [Register today!](#)



High Ropes at Trefoil Ranch

Do you want to be one of the first people to experience Trefoil Ranch's' new ropes course? Girl Scout Juniors and up can register with an adult to experience the new ropes course for a two-hour program block. Participants will work on skills such as problem-solving, communication, and encouragement, all while enjoying the beauty of Trefoil Ranch. This is a great opportunity for Juliettes, it's Girl Scouts of Utah facilitated, and you'll meet fellow Girl Scout families.

ACTION: [Register for the events!](#)

Don't forget Early Renewal! - ends May 31

Girl Scouts can renew for just \$10 in May! If you haven't renewed for the 2024-25 membership year yet, be sure to do so by the end of May so that you can receive your discount.

Learn more on [our website!](#)

Join us on Facebook

If you haven't joined the Facebook group yet, it's a great way to get up to date information and connect with fellow Juliettes. Sign up for [GSU Juliettes](#) today!



Ongoing Information

We have many resources available for Juliette parents and caregivers. Check them out:

- **Volunteer Toolkit**, an online curriculum database where you can find meeting plans for badges and Journeys. Check out the Volunteer Toolkit by logging into MyGS from our website and finding it under My Account. A new PDF guide has been released; email Steffi at slietzke@gsutah.org for a copy.
- **Juliette Activity Packets** have ongoing sign ups. [Sign up](#) for our next round of packets.
- The **Juliette Handbook** is now available! Email Steffi at slietzke@gsutah.org for your copy.
- Stay **connected** with us! Check out the [Girl Scouts of Utah](#) and [Camps](#) Facebook pages and [GSU Juliettes](#) group. For the safety of our Juliettes, the group is private, and members must be approved. Steffi is in the group as GSU Programs.
- As a reminder, you must **remain subscribed** to the council newsletters to continue receiving this monthly newsletter.

Please let Steffi know if you have any questions about Girl Scouts. Her contact information can be found at the beginning of this email.



Have a question? Don't be shy!
[Contact us](#) for more information.